

Out of the Shadows: Addiction May 4 & 5

Speaker: Dr. Mark Batterson **Scripture:** Romans 7:23-2

Sermon Overview

There are dozens of different addictions. Some are as obvious as opioids. Others are as private as pornography. Those addictions are multi-dimensional. Addiction is biological, psychological, and neurochemical. Addiction is emotional, relational, and spiritual. But no matter what addiction you struggle with, God can set your free. You are NOT your addiction. You are who God says you are. There are no shortcuts. There are no cheat cuts. But a single step of faith can turn into a giant leap toward mental health, emotional health, and spiritual health.

Sermon Series Questions:

- 1. What has been your most prevalent emotion this week?
- 2. Share one thing that the Holy Spirit revealed to you concerning the topic this week.

Sermon Specific Questions:

- 1. What story are you telling yourself about yourself and what story are you telling yourself about God?
- 2. Reread Romans 7:23-25. What ways do you relate to the Apostle Paul?
- 3. What has your been experience with conviction and condemnation? How are they different?
- 4. Forgiveness happens in an instant and freedom is a process. What is one initial step you could take this week to seek freedom from an addiction?

Digging Deeper: Further Resources

Pastoral Care / Prayer Ministry Appointments – <u>care.theaterchurch.com</u>

Celebrate Recovery – <u>ncc.re/recovery</u>

Sozo Inner Healing Prayer – <u>sozo@theaterchurch.com</u>

Spiritual & Emotional and Treatment of Addiction – <u>ncc.re/townsend</u>

Book: *Breathing Underwater* by Richard Rohr

Book: Addiction and Grace by Gerald May