



## Out of the Shadows: **Loneliness** May 11 & 12

**Speaker:** Joel Schmidgall

**Scripture:** John 1:1-3

### **Sermon Overview**

Dr. Gary Collins said, “We live in a loneliness producing society.” So, in this sermon we’ll peel away some of the misconceptions that might have been passed on to us regarding loneliness. We think those feelings are isolated to a few people, when in reality, the majority of our society deals with loneliness on some level. When we look at the scriptures, we see that even Christ can relate. It’s not how do we get rid of loneliness, but how do we successfully navigate those seasons and come through better for it. We hope you’ll join us to get new perspective and find health and wholeness in who you are as well as who you are becoming.

### **Sermon Series Questions:**

1. What has been your most prevalent emotion this week?
2. Share one thing that the Holy Spirit revealed to you concerning the topic this week.

### **Sermon Specific Questions:**

1. Share about a recent time when you felt lonely. What was it like?
2. How do we walk through pain and navigate loneliness? What are healthy and unhealthy responses in lonely seasons?
3. What’s one truth about God that you need to remind yourself of this week?
4. Jesus would retreat and be alone with the Father so he wasn’t alone amidst the people. In what ways are you engaging with the Father so that you aren’t relying on people to fix the loneliness?
5. What’s one step you can take this week towards community?

## Digging Deeper: Further Resources

### **Books**

***The Path of Loneliness*** by Elizabeth Elliot

***Beyond Loneliness*** by Trevor Hudson

***Alone Together*** by Sherry Turkle

***Living in the Shadows of Loneliness*** by Charles Stanley

### **Other Resources**

**Psalm 102** – a prayer for the afflicted

**May Term Group** – Waiting, Believing, and Grieving

(Monday's @7PM | Ebenezer's Coffeehouse)

**Prayer and Pastoral Care Appointments** – [care.theaterchurch.com](http://care.theaterchurch.com)