

Yesterday is history. Tomorrow is a mystery.

WIN THE DAY



WIN THE DAY: Flip the Script

January 2nd & 3rd

Speaker: Dr. Mark Batterson

Scripture: Genesis 50:20, Genesis 43:28,

Series Overview

Did you know that 75% of New Year's resolutions fail within the first month?! What if we stopped making resolutions and started establishing the daily habits that will help those dreams become reality! Throughout January, we will engage in a four-week series on **Win The Day**. Pastor Mark & the Teaching Team will unpack the seven daily habits from his brand-new book and help us put them into practice.

Series Discussion Questions

This week, what has it looked like to live in day-tight compartments?

Message Overview

If you want to change your life, you have to change your story. You can't just flip the calendar, you have to **FLIP THE SCRIPT**. It's the first of seven habits in **Win The Day**, and it's a high leverage habit. In the science of cybernetics, there are two kinds of change. First-order change is behavioral—it's doing something more or less. First-order change can facilitate a quick-fix, but second-order change passes the test of time. Second-order change is conceptual—it's mind over matter. At the end of the day, your explanations are more important than your experiences. Long story short? The best story wins!

Message-Specific Discussion Questions

Every New Year, we are prompted to form new resolutions and change habits; however, 75% of New Year's resolutions fail within the first month. *But let's shift our scope to daily.* Think through a habit that you would like to establish for 2021. **Can you do this habit for a day?**

We are the continuation of the stories in the Bible. We are the Fifth Gospel, Acts 29, and Revelation 23. **What gospel, or good news, do you want your life to share with the world?**

The sermon series & Pastor Mark's newest book, **Win The Day**, kicks off with the habit of **FLIPPING THE SCRIPT** which states the idea that *"If you want to change your life, you have to change your story."* **For your life, what about your personal story do you want to change?**

Pastor Mark revisited a conversation we had as we studied the Book of Daniel last year: *“If you allow it, culture will name you or tame you. It will label you, and it will define you.”* However, going into this year, take a moment to ask God “How is He naming you? What scriptures is He speaking over you?” **Write it down and/or share aloud what God is speaking to you about your identity.**

As we commit to **FLIP THE SCRIPT** together, **what are some practical ways to pursue this on a daily rhythm?**

Practical Application

- Set aside some time this week to list out a couple of habits that you would like to truly focus on for 2021.
- Starting Monday, January 4, [NCC Daily](#) returns with Pastor Mark Batterson. He has just released a brand-new book titled **Win The Day: 7 Daily Habits to Help You Stress Less & Accomplish More.** Join us Mondays through Fridays as we dig deeper into the seven practical, yet life-changing habits that will set you on a path to harnessing the power of twenty-four hours. Click here to subscribe to [NCC Daily](#) podcast.
- Climb the stairs to the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. Join us as we start our days in His presence together, listening intently, and responding in prayer. Register at ncc.re/UpperZoom.
- Grab some NCCers and join Pastor Mark in a **Win the Day: Pop Up Group Edition** as we practically live out seven daily habits within our everyday lives. In Win the Day, Pastor Mark shares seven practical yet life-changing habits that will set us on a path to harnessing the power of twenty-four hours. And the best thing about it? We can start today. And as an NCC Family, let's commit to strengthening these habits together. **Learn more at ncc.re/groups.**
- Reorient around the incredible story found within scripture with Pastor Heather Zempel & friends. **The Story** is a staple pop-up group hosted every year at NCC. So join us as we explore the chronological story of the Bible through the lenses of geography, culture, and history. We will discover tools to help us read the Bible, understand its message to original audiences, interpret it in contemporary culture, and apply it to our everyday lives. **Learn more at ncc.re/groups.**