

*Yesterday is history. Tomorrow is a mystery.*

# WIN THE DAY



## WIN THE DAY: Wind The Clock

January 23rd & 24th

**Speaker:** Dr. Mark Batterson

**Scripture:** Ephesians 5:16, II Peter 3:8

### Series Overview

Did you know that 75% of New Year's resolutions fail within the first month?! What if we stopped making resolutions and started establishing the daily habits that will help those dreams become reality! Throughout January, we will engage in a four-week series on **Win The Day**. Pastor Mark & the Teaching Team will unpack the seven daily habits from his brand-new book and help us put them into practice.

### Series Discussion Questions

This week, what has it looked like to live in day-tight compartments?

### Message Overview

Dr. Mark Batterson continues our **Win The Day** Series with Habit #6! Time is measured in MINUTES, but life is measured in MOMENTS. You don't FIND TIME, you have to MAKE TIME. How? For starters, curse the barren fig trees. These are the things that waste time, waste energy. How do you curse the barren fig tree? You establish boundaries and establish priorities. If managing minutes is a science, then managing moments is an art form. It's recognizing teachable moments and making the most of them. It's accumulating experiences, rather than possessions.

### Message-Specific Discussion Questions

**What are some of the most memorable "moments" that you have experienced in your life?**

Think about some of the things that amazed you when you were a child. **How do you stay more in touch with your inner child and less in touch with your inner critic? How are you cultivating that childlike wonder now?**

Take some time to read Ephesians 2:10. **Where have you seen this verse come alive in your life? Where did you witness God prepare good works in advance for you?**

**What do you need to make time for? How do you plan to make that time?**

Pastor Mark shared: “You CURSE THE BARREN FIG TREE by ESTABLISHING BOUNDARIES” and by making pre-decisions. **What do boundaries look like in your world? What pre-decisions have you made?**

**Practical Application**

- Take some time to write down three moments you want to remember from this week. Reflect and thank God for those.
- This week we are continuing [NCC Daily](#) with Pastor Mark Batterson. He has just released a brand-new book titled **Win The Day: 7 Daily Habits to Help You Stress Less & Accomplish More.** Join us Mondays through Fridays as we dig deeper into the seven practical, yet life-changing habits that will set you on a path to harnessing the power of twenty-four hours. Click here to subscribe to [NCC Daily](#) podcast.
- Climb the stairs to the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. Join us as we start our days in His presence together, listening intently, and responding in prayer. Register at [ncc.re/UpperZoom](http://ncc.re/UpperZoom).
- Reorient around the incredible story found within scripture with Pastor Heather Zempel & friends. **The Story** is a staple pop-up group hosted every year at NCC. So join us as we explore the chronological story of the Bible through the lenses of geography, culture, and history. We will discover tools to help us read the Bible, understand its message to original audiences, interpret it in contemporary culture, and apply it to our everyday lives. **Learn more at [ncc.re/groups](http://ncc.re/groups).**