

Yesterday is history. Tomorrow is a mystery.

WIN THE DAY



WIN THE DAY: Cut The Rope

January 16th & 17th

Speaker: Dr. Mark Batterson

Scripture: Mark 4:35-39

Series Overview

Did you know that 75% of New Year's resolutions fail within the first month?! What if we stopped making resolutions and started establishing the daily habits that will help those dreams become reality! Throughout January, we will engage in a four-week series on **Win The Day**. Pastor Mark & the Teaching Team will unpack the seven daily habits from his brand-new book and help us put them into practice.

Series Discussion Questions

This week, what has it looked like to live in day-tight compartments?

Message Overview

When it comes to goal-setting, problem-solving, and habit-breaking—GRAND GESTURES are key. They are defining decisions, calculated risks, and selfless sacrifices that double as defining moments. Grand Gestures are often the tipping point, the turning point. They are the point of no return. The idea is as old as Old Testament altars.

Message-Specific Discussion Questions

“According to psychologist Tom Gilovich, 84% of our regrets will be the things we would have, could have, and should have done but did not do!” **What is one thing you wouldn't want to be a regret in your life? What opportunities do you not want to miss? As a result, what is a change you can make that will shape that one thing to be a current reality instead of a regret?**

Pastor Mark says, “If you want to turn up the still small voice of the Holy Spirit, you have to turn down the white noise.” **Who or what is the loudest voice in your life? How much of what you say is a regurgitation of the news channel you watch or the social media accounts you follow? How much of what you say is a recitation of the revelation you are getting from God's Word?**

Karl Barth said it this way: “Take your Bible and take your newspaper, and read both. But interpret newspapers from your Bible.” **How are you praying the news instead of just watching the news?**

Pastor Mark says, “We underestimate our authority in Christ because we fail to understand our identity in Christ.” **How are you exercising your spiritual authority with humility? How are you standing in the gap this week?**

Practical Application

- Pastor Mark talks about two keys to cutting the rope. One, kneeling down, and two, standing up. Spend time this week seeking the Lord, by kneeling down, and ask Him, in what areas should you be standing up.
- This week we are continuing [NCC Daily](#) with Pastor Mark Batterson. He has just released a brand-new book titled **Win The Day: 7 Daily Habits to Help You Stress Less & Accomplish More.** Join us Mondays through Fridays as we dig deeper into the seven practical, yet life-changing habits that will set you on a path to harnessing the power of twenty-four hours. Click here to subscribe to [NCC Daily](#) podcast.
- Climb the stairs to the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. Join us as we start our days in His presence together, listening intently, and responding in prayer. Register at ncc.re/UpperZoom.
- Reorient around the incredible story found within scripture with Pastor Heather Zempel & friends. **The Story** is a staple pop-up group hosted every year at NCC. So join us as we explore the chronological story of the Bible through the lenses of geography, culture, and history. We will discover tools to help us read the Bible, understand its message to original audiences, interpret it in contemporary culture, and apply it to our everyday lives. **Learn more at ncc.re/groups.**