

Better Together, Week 2 February 9 & 10

Speaker: Mark Batterson

Scripture: John 4, Proverbs 26:4-5

Sermon Overview

Grace means I'll love you no matter what. Truth means I'll be honest with you no matter what. Tough love happens where grace and truth meet, and it's embodied by the person of Jesus. Discover the habits of highly effective grace givers and truth-tellers: know your tendency, don't use your personality as a crutch, consider the source, know when to hold 'em, know when to fold 'em, pray it before you say it, level the playing field, catch people doing things right.

Sermon Series Questions:

1. Share about a relationship that is currently making you better?
2. What did God reveal to you about your relationships this week?

Sermon Specific Questions:

1. How do you love people in a way that is encouraging them to be a better version of themselves?
2. Who are you talking about that you need to talk to? What conversation needs to be had?
3. One of NCC's core values is "Love people when they least expect it and least deserve it." How can you show this type of love this week?
4. **Arena:** What is known about you? **Hidden Self:** What is one thing others do not know about you?
5. How do others challenge you to see blind spots in your own life? What does it look like practically?

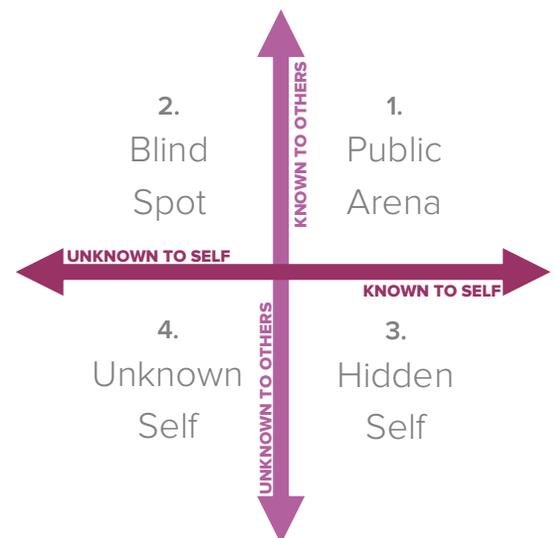
Better Together: The Johari Window

This weekend, Pastor Mark introduced **The Johari Window**, a technique that helps people better understand their relationship with themselves and others. It was created by psychologists Joseph Luft (1916–2014) and Harrington Ingham (1916–1995) in 1955. Within your group, complete the exercise by following the steps below:

1. Choose at 12-14 adjectives that describe you from the list below.
2. Allow your group members to choose at least 12-14 adjectives that describe you.
3. Compare the lists that describe you and follow the rules below:
 - **Quadrant 1** – Place the adjectives that exist on both lists.
 - **Quadrant 2** – Place the adjectives only exist on your group’s list.
 - **Quadrant 3** – Place the adjectives only exist on your list.
 - **Quadrant 4** – Place the adjectives that did not exist on both lists.

The four Johari Window perspectives are called *quadrants*. Each of these regions represents the information known about the person, in terms of whether the information is known or unknown by the person, and whether the information is known or unknown by others in the group.

The diagram to the right displays the four quadrants of the Johari Window along with the categorizations.



Lists of 56 Adjectives

- | | | | |
|------------|---------------|------------|----------------|
| able | energetic | loving | searching |
| accepting | extroverted | mature | self-assertive |
| adaptable | friendly | modest | self-conscious |
| bold | giving | nervous | sensible |
| brave | happy | observant | sentimental |
| calm | helpful | organized | shy |
| caring | idealistic | patient | silly |
| cheerful | independent | powerful | spontaneous |
| clever | ingenious | proud | sympathetic |
| complex | intelligent | quiet | tense |
| confident | introverted | reflective | trustworthy |
| dependable | kind | relaxed | warm |
| dignified | knowledgeable | religious | wise |
| empathetic | logical | responsive | witty |