



# DETOX

## **Detox, Week 1** January 5 & 6

**Speaker:** Mark Batterson

**Scripture:** Proverbs 22:28

### **Sermon Overview**

Destiny is not a mystery. Destiny is a decision. You are one decision away from a totally different life.

### **Sermon Series Questions:**

1. How are your boundary stones holding up? Share the wins and losses.
2. What's one pre-decision you made this week?

### **Sermon Specific Questions:**

1. How do we make good decisions? What goes into how we calculate a "good" decision?
2. Share a time where you experienced decision fatigue.
3. Out of the four boundary categories (physical, financial, spiritual, chronological), which boundary stone category do you need to address? What practices or steps need to be taken?
4. What boundary stones do you need to move so you have more *margin* to serve the Kingdom of God?
5. What's one pre-decision you need to make today?