



# DETOX

## **Detox, Week 4** January 26 & 27

**Speaker:** Dr. Dick Foth

**Scripture:** Psalm 139:1, 13-14, John 6:53-57,

### **Sermon Overview**

Jesus didn't come to make bad people good. He came to make dead people live!

### **Sermon Series Questions:**

1. How are your boundary stones holding up? Share the wins and losses.
2. What's one pre-decision you made this week?

### **Sermon Specific Questions:**

1. Blood can be both life giving and life taking. What are three things/activities that are life giving for you and three that are life taking? How could doing more life-giving activities grow your faith?
2. What are some toxins we allow in our lives that impede our spiritual growth?
3. Dr. Foth shared about how God detoxifies us as we come to him. Why can it be difficult to give control over to God with certain things or areas of our life?
4. What is an area in your life you need to allow some fresh oxygen into? What step do you need to take to do that?
5. "As much as I know of me, is what I'll give to you." Share what this means and how it can be lived out.
6. Evaluate your boundary stones you created at the beginning of this series and discuss how each stone (or area) has required a form of detoxifying. What have you done so far and what do you need to do moving forward?