

LOVE UNOFFENDED - Dr. Mark Battesron

February 26/27, 2022

A Gratitude Journal: "It's the way I ... "

- give thanks in every circumstance IThessalonians 5:18
- enter His courts with praise Psalm 100:4
- give a sacrifice of praise Hebrews 13:15
- acknowledge that every gift is from God James 1:17
- sing a new song Psalm 96:1

According to the constructive conception of language, our words don't REPRESENT the world objectively. Our words <u>CREATE</u> the world subjectively! The power of LIFE and DEATH is in the tongue. Words matter, now more than ever. And words create worlds.

HURT PEOPLE HURT PEOPLE.

FORGIVEN PEOPLE FORGIVE PEOPLE.

When we TAKE OFFENSE our DEFENSE MECHANISMS kick into overdrive and we PROTECT OUR <u>EGO</u> at all costs.

Matthew 6:9-13- The Lord's Prayer

Our VERTICAL forgiveness is contingent upon our HORIZONTAL forgiveness. Matthew 6:14

Forgiveness is NOT:

- excusing or justifying what someone did.
- forgetting or pardoning what someone did.
- turning a blind eye or canceling consequences
- subjecting yourself to that type of wrong ever again

Forgiveness is MANDATORY

You have to leave room for God's justice or God's mercy.

"Forgiveness is not a function of emotion. It's an act of the will." - Corrie Ten Boom, The Hiding Place

Forgiveness is a PRE-DECISION

Forgiveness is FOREVER

Acts 7:60

Diagnostic Questions: Is it possible that there is...

- unconfessed sin vertically?
- unforgiven sin horizontally?
- a seed of bitterness has taken root?
- a grudge or an offense that you are holding?

Proverbs 4:23

Unconfessed sin and unforgiven sin will block your spiritual arteries.

<u>Ephesians 4:30</u> "The primary way we GRIEVE the Spirit in our lives is by fostering bitterness in our hearts." Then he flips that script. The absence of bitterness allows the Holy Spirit to be Himself in us. When the Holy Spirit is NOT grieved, He is AT HOME with me." - RT Kendall

Three Degrees of Forgiveness:

First Degree - DETACHED FORGIVENESS—there is a reduction in negative feelings toward the offender, but no reconciliation happens.

Second Degree - <u>LIMITED</u> FORGIVENESS—there is a reduction in negative feelings toward the offender, and the relationship is partially restored, but there is a decrease in the emotional intensity of that relationship.

Third Degree - FULL FORGIVENESS—there is a total cessation of negative feelings toward the offender, and the relationship is fully restored.

FULL FORGIVENESS is praying for those who just nailed you to a cross: "Father, forgive them, for they know not what they do." <u>Luke 23:34</u>

"When I truly and totally forgive I have crossed over into the SUPERNATURAL—and have achieved an accomplishment equal to any miracle." - RT Kendall

Matthew 13: 54-57

SELF REFLECTION: Is there anyone or anything that I need to forgive?

1 Corinthians 2:9-12

Comic

When people act out of proportion to the offense, there is a good chance that they aren't reacting to present-tense circumstances. They are projecting past-tense pain.

Whatever you REPRESS will eventually <u>DEPRESS</u>, and like a beach ball that you try to keep under the surface of the water, it will eventually surface, usually at the most inopportune times.

Self Reflection: Am I repressing or am I confessing?

Matthew 5:23

There is nothing convenient about forgiveness.

Esther 4:16

Proverbs 19:11

Romans 8:35-39

A PRAYER to PRAY: Our Father in Heaven thank you for the word that was shared this weekend. Help us to truly take it to heart and to live a life where we are unoffended and offer forgiveness to everyone. Let us be the people that truly show what it means to be a follower of Christ by living a life full of hope, joy, love, and trust in You, that can only be fully realized when we forgive. We can forgive, because You first forgave us and through You we have the ability to offer that forgiveness to those around us on a daily basis. Teach us to truly live in the freedom that You have made possible for us. All this we pray in Jesus' name, Amen.

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