

Joy

THE BOOK OF
PHILIPPIANS

Joy: The Overview Effect

July 24th & 25th

Speaker: Dr. Mark Batterson

Scripture: Philippians 4

Series Overview

Joy. It's not getting what you want. It's appreciating what you have. Joy isn't always the easiest choice or the obvious choice, but joy is a choice. The Apostle Paul said, "Rejoice in the Lord always. I will say it again, rejoice!" And his life is louder than his words. Paul writes his letter to the Philippians from a prison cell. You can choose joy anywhere, anytime, anyway!

Series Discussion Questions

How do you choose joy?

Message Overview

We don't see the world as it is. We see the world as we are. Your FOCUS determines your REALITY. If you want to change your life, start by changing your story. How? You have to audit your thoughts, fix your focus, and flip the script.

Message-Specific Discussion Questions

What are some ways that you can shift your focus from an EARTHLY mindset to a HEAVENLY mindset?

Read Philippians 4:1. In this passage, Paul tells us that his joy is not found in accomplishments, but his joy is found in relationships. **Who is your JOY and CROWN?**

Read Philippians 4:6-7. Pastor Mark lists three things that he does to help him win the battle of the mind.

- Put it to Prayer
- Fix your Focus
- Flip the Script

How do you communicate EVERYTHING to God in PRAYER?

Read Philippians 4:8. Pastor Mark asked an intriguing question: “If your thoughts were transcribed by a stenographer, what would they reveal about you?”

What are some practical applications that will help you to FIX your FOCUS on Jesus?

Philippians 4:9 states: “Whatever you have learned or received or heard from me, or seen in me—put it into practice. And the God of peace will be with you.” **After reading this scripture, What do you need to PUT into PRACTICE in order to FLIP the SCRIPT in your life?**

Practical Application

- Meditate on Philippians 4:6-7. Take some time to make a list of what is on your mind. Present everything listed to God this week in prayer.
- Find a daily rhythm of connecting with God and with one another by committing to NCC daily, a five-minute audio podcast to help you walk verse-by-verse through the book of Phillipians. Each day we’ll be guided through the practice of listening, reflecting, responding, and resting in the Word of God — allowing space for the Holy Spirit to cultivate joy in unique and personal ways. **Subscribe [here!](#)**
- Climb the stairs to the [Upper Zoom](#) each Tuesday, Wednesday, and Thursday at 7:14am. We’ll come together as a community to start our days in His presence together, listening intently, and responding in prayer. **Register at ncc.re/UpperZoom.**